

# The wider determinants of health of our city

Maribyrnong City Council undertook data analysis on health status and health determinants for our municipality as required under the Public Health Wellbeing Act (2008). This information is presented in the **Health and Wellbeing Data Book 2020**. Here are some key highlights to help us inform the development of the **2021-2025 Municipal Public Health and Wellbeing Plan** which will outline how we will work in partnership to create and improve the physical, social, natural, cultural and economic environments that promote health and wellbeing.

Our health is shaped by a complex relationship between genetics, behaviours, access to quality healthcare, and the wider determinants of health. It is the **wider determinants that make the biggest impact**, and they are the social, economic and environmental factors that impact our daily lives. The **systemic unequal distribution of power, money and resources leads to social inequalities** and differences in health outcomes. To promote and protect health and wellbeing at a population level, actions need to help **improve daily living conditions and address the unequal distribution of power, money and resources**.

