

#THISGIRLCANVIC



MARIBYRNONG GIRLS CAN



Get moving with your Maribyrnong Girls from 10-17 November 2024.

Free and fun physical activity and wellbeing programs across the City of Maribyrnong. Registrations are required.

Programs

SUN 10 NOV	MON 11 NOV	TUE 12 NOV	WED 13 NOV	THU 14 NOV	FRI 15 NOV	SAT 16 NOV	SUN 17 NOV
Ultimate Fly Johnson Reserve 3-5pm <u>12-18 YEARS</u>	RPM/Spin Class Maribyrnong Aquatic Centre 7pm <u>ADULTS</u>	Walking Football RecWest Braybrook 4.30-5.30pm <u>ALL AGES</u>	Boxing Maribyrnong Aquatic Centre 6.30pm <u>ADULTS</u>	Intro to AFL Whitten Oval, West Footscray 4.30-6.30pm <u>ALL AGES</u>	KangaMix Cruikshank Park - McNish Reserve 2pm <u>ADULTS PLUS BUBS</u>	Go Soccer Mums Johnson Reserve 10-11am <u>ALL AGES</u>	
		Introduction to Golf Cranwell Park, Braybrook 6-7pm <u>ALL AGES</u>					
City West Ultimate Johnson Reserve 5-7pm <u>ADULTS</u>		Go Soccer Mums Come Try Yarraville Glory Football Club, Yarraville 6-7pm <u>16+ YEARS</u>	Bollywood Dancing Beaton Reserve, Yarraville 6.45-7.30pm <u>ALL AGES</u>	Women of Maribyrnong Class RecWest Footscray 7-7.45pm <u>ADULTS</u>	All aboard - BMX Pump Track Activation Quarry Park 4.30-6.30pm <u>YOUNG PEOPLE</u>	Self-Defence Yarraville Community Centre 1-2pm <u>16+ YEARS</u>	Women's Swimming Night Maribyrnong Aquatic Centre 6.30-8.30pm <u>ALL AGES</u>
		Cardio Tennis Henry Turner South Public Tennis Courts 6.30pm <u>ADULTS</u>					

Maribyrnong Girls Can is an inclusive program and welcomes all who identify as women, from all cultural backgrounds and abilities.

Register at www.activemaribyrnong.com.au

For further information

email active@maribyrnong.vic.gov.au or call 9688 0200

Find us on Active Maribyrnong

